

The Magazine

a publication for
Burton Joyce and nearby villages



EDITION 3 of 6 2025



BJFC's U9 team & coaches - winners of the YEL Winter League 3. The trophy was presented by David McGoldrick



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EDITOR'S COMMENT

There is plenty to read in this edition ranging from the quality of water in the River Trent to studying art and watching football in the Faroe Isles.

We are also celebrating the achievements of our younger generation with great articles on the two of the BJ Football Club's teams and take a look at what Lucas designed - **ROARR**.

We are delighted to include details and pictures of scale model making by Maria who responded to our request in Edition 2.

This edition sees **four** new advertisers gracing our pages. As I've mentioned before, without advertisers 'The Magazine' wouldn't exist. We are 100% voluntary and do not receive outside funding.

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**THE CLOSING DATE FOR EDITION 4
is 16th JULY 2025**

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Spotlight on our Downs Syndrome team - DS Active

Firstly, a huge thanks go to all those who voted for our Christmas photograph. Some of you may not realise how well the team did because, for some, things out of their routine can be quite tricky. Thanks too, to the parents for preparing their footballers.



Secondly, we are indebted to the whole club for their on-going support – from sorting transport to our away games, to providing kit when needed. We also appreciate their efforts to keep us involved and informed about the Club and the great range of events that they put on.

The DS Active team is 10 years in April. It was set up by Andy Parkinson and ran by himself with support from Di, his wife, their family and friends until a year ago. Their commitment, humour and understanding meant that there were 'big boots to fill.'

Jonathan kindly stepped forward and has indeed filled those boots. It can appear a daunting task supporting a group of young adults with additional needs but, on a regular basis, Jonathan says it is the highlight of his week.



Our young people need time, understanding and routine but, aside from that, they have so many qualities. I have watched them during a match share the ball with someone who wouldn't get a chance otherwise, both sides cheering when there's a goal, and rushing to check on a player if they are injured or upset.

The young players are definitely a team and have faced other teams across the East Midlands and Northeast. Most have been in the group since the start, and it has been fantastic to watch how well they have progressed over time. There is a good deal of passing, spacing and goal scoring now. The players themselves contribute to the warmup and during sessions are supported by parents Andy, Dave, France and Siobhan, with Jonathan and his son Joseph leading the activities. They have helped build the teams resilience, understanding and determination to play well and fairly. Each week the team divides into two and there is a game which, oddly, usually ends in a draw. Then, of course, comes the penalty shootout with runs ups from the fence and celebrations a plenty.....goal or not!

You might not see as many players in the winter months but it's not lack of enthusiasm that keeps some away – many are vulnerable to illness and can easily end up in hospital. The cold doesn't help, and we all know that football pitches are one of the coldest places in the world!

As parents, we have also benefitted from the weekly sessions. Being a parent of a child who has additional needs can be quite isolating but being able to share the difficulties and absolute joy each brings, with people who truly understand is reassuring and inspiring. We have become a football family, and our lives are richer for it.

Thank you to everyone who has supported us in so many ways including those who take the time to say hello as they pass.

Gillian, parent

Focus on Burton Joyce Green under 9s

The present team first started training together as a group of 4 year old Mini Greens in 2020 and were coached by my myself (Nick Ahmed), Mark Cook (Assistant Manager) and Ash Crofts (Team Helper).

In 2022 we became the Burton Joyce Football Club's under 7s Green team and were eligible to compete in the East Midlands 'Young Elizabethan League' (YEL), which is a weekend league organised for the U7 to U14s.

Now, as U9s, we have just completed our third full season in the YEL Saturday league and what a season it has been! We won our YEL Winter League 3 before Christmas and have just won the YEL Spring league 2, going unbeaten and winning every game. It has been an incredible performance from the kids, they have grown into a fantastic group of footballers and are now competing at a really high level. Our performances haven't gone unnoticed, a couple of the players have also been chosen to play for Notts County and Mansfield Town this season.

As someone who grew up in Burton Joyce, being involved with BJFC is a real pleasure for me. I played for the under 8s team when the club was first formed in 1990. Our first ever presentation was attended by none other than Sir Geoff Hurst! This was long before the days of the Poplars or the 3G facility. Matches were at Lowdham playing fields and then Carlton Le Willows.



8 yr old Nick receiving his trophy from Sir Geoff Hurst. In the background is Ian Hegarty, (manager) who sadly passed away in 2008.

In 1997, the Poplars was opened, and I played in the first ever BJFC match to be played at the ground. I represented the club at every age group from under 8s all the way to the men's senior team and eventually hung up the boots at 23 due to an ACL injury. My long-time manager and mentor was Jed Riley who is now President of the BJFC. When my son, Lucas, reached age 5 and was old enough to join Mini Greens, I knew it represented a great opportunity to get involved with the club once more and have loved every minute since.



L-R Ash Crofts, Nick, Mark Cook



Jed Riley with Nick & his sons Scott & Lucas

Nick Ahmed



Letter from Anna



Rev. Anna Alls

Jesus says “I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. This is to my Father’s glory, that you bear much fruit, showing yourselves to be my disciples. As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father’s commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you.”

Taken from John’s Gospel, chapter 15

This feels like quite a complicated reading and I’ve taken the liberty of editing slightly, but if we slow right down and read it through a few times, I think it’s incredibly reassuring; it reminds us that throughout every thing God is with us, that God remains with us and loves us no matter what.

I also like that little mention of joy, because I’m a firm believer in seeking fun and enjoyment whenever and wherever I can; It has filled me with joy to see our congregation grow in faith and number across the United Benefice of Burton Joyce, Bulcote and Stoke Bardolph with Lowdham, Caythorpe and Gunthorpe, to see the Sunday school grow in Burton Joyce, the bell ringers return to St Mary’s, and to feel a real sense of love and joy in each and every congregation.

Some of you may be aware that this last year has been awful for me personally and yet I have been supported and encouraged by the congregations and wider communities that I live and work among, and I am incredibly grateful for the love I have received.

It is my hope that we continue to grow in faith, that our love for God and for each other is evident in and among the community around us, I pray that each and everyone of you may know that you too are loved.

Love Anna

--

Vicar of United Benefice of Burton Joyce, Bulcote and Stoke Bardolph with
Lowdham, Caythorpe and Gunthorpe.

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BURTON JOYCE PARISH COUNCIL REPORT

ANNUAL PARISH MEETING

We were delighted to welcome all the local groups and societies to our Annual Parish Meeting on 6th May this year. These included: The BJ Community and Eco Market, BJ and Bulcote History Society, BJ Bridge Club, BJ and Bulcote WI, Trent Valley Singers, Friends of BJ and Lowdham Stations, The Magazine, BJ Players, The Village Hall, BJ Scouting, BJ and District U3A and BJ Village Society. Reports were also provided by BJTV, the Garden Holder's Association, BJ Tennis Club and BJ Flood Wardens who were unable to attend. The meeting demonstrated the rich array of voluntary groups available to all residents within the village and was a great opportunity to get together and network. Each group provided a report on their activities over the year, with the common theme that all needed more volunteers to help run the groups. Links to community groups are available on our website. If you think you might have a role to play, no matter how large or small, they would all be delighted to hear from you.

<https://www.burtonjoyceparishcouncil.org.uk/community-groups/>. Minutes from the meeting will be available on our website shortly.

PARISH COUNCILLOR VACANCY

And on the note of volunteering....! We still have a councillor vacancy on the Parish Council, for which applications are warmly invited. A parish councillor represents the interests and wellbeing of the whole community at the local level, whilst taking an active role in the decision-making process. If you are interested in joining the team of councillors now, or possibly in the future, please get in touch with the Parish Clerk, Jessica Sherrin at parishclerk@burtonjoyceparishcouncil.org.uk or call into the office at the Old School Building for a chat.

NO MOW MAY

No Mow May is underway! Thanks to the hard work of BJ Climate Action Group in making wooden signs, sections of the grass verges on the A612 will be left unmown for the month of May.

This year St Helen's Church Yard (with whom we have a Service Level Agreement) is also included in the programme.



Continued ...

BURTON JOYCE PARISH COUNCIL REPORT Continued

NO MOW MAY (contd)

This is part of our Environmental Policy and is a national initiative to encourage bees, butterflies and other pollinators in the grassed public areas.



COMMUNITY GARDEN

Following a delay on the tendering process, we are awaiting the 3 quotes needed to undertake the works on the community garden and have engaged a local project management firm to assist in getting this long-anticipated project off the ground this summer. We expect further news by the next issue!

POP DOWN TO THE POP-UP!

Since the last edition, we have held another fabulous Food Fayre at the Old School Building, with the next ones booked in for **Sunday 25th May and 29th June 11am-4pm**. Pop down to catch up with friends, relatives and neighbours and enjoy some hot tasty food and drinks. **Meet...Eat...Chat!**



Continued ...

BURTON JOYCE PARISH COUNCIL REPORT Continued

NEWS FROM OUR AMENITIES COMMITTEE

The Parish Council was delighted to take ownership this month of the 2 deer bestowed to us by the late Dorothy Pinkett. Dorothy held the deer very close to her heart, especially after the community came together to replace them when they were stolen from her property some years ago. The deer's new home will be in the community garden – a fitting place not far from their original home on Main Street and where everyone can continue to enjoy them. They will be relocated once the ground works and canopy installation are completed.

After a request on social media for feedback, along with research with the War Memorial's Trust and further deliberation by the Amenities Committee, it was agreed that a temporary ramp will be made available on request at the War Memorial on Nottingham Road, via the Grounds & Amenities Manager David List. A sign to this effect will be installed at the memorial. This is thanks to the kind agreement from Burton Joyce Bowls Club for the use of their ramp whenever needed.

NEWS FROM THE POPLARS SPORTS GROUND

We are working hard to extend the bookings of this wonderful village facility and are close to finalising the details of hosting a new regular 'Leisure League' on Sunday evenings, starting from 8th June. This is a 6-side adult team league. If your team would like to join, please take a look at their website <https://www.leisureleagues.net/league/poplars-sports-ground/burton-joyce-sunday>.



Free access to the 3G pitch over the May half-term holiday will be available to all Burton Joyce residents and BJ Football Club members from 10am - 4pm Monday to Friday.



And finally, we are delighted to say that the clubhouse bar at the Poplars is now open on Friday evenings for the long summer evenings all welcome!

No Mow May What is it?



Burton Joyce

Climate Action Group



No Mow May is a national campaign to leave garden lawns unmown for the entire month of May. It was founded by the charity Plantlife in 2018 and has been growing in popularity since. No Mow May is now being practiced by thousands of people in the UK, and by local councils.

Burton Joyce residents are already participating across the village (see the dots on the map)

Source: BJ Climate Action Group

In addition, three grassy sites along Church Road have been set aside by the Parish Council and are clearly identified by signs. Church Road No Mow Site, Burton Joyce



Why is it important?

By not mowing your lawn you allow wild plants and fungi to grow and thus support birds and insects in your garden and beyond. Wild plants and fungi are not only beautiful but are an important part of the fight against climate change.

It is well documented that some species are now struggling, for example Plantlife report that 2 in 5 species are now at risk of extinction, and that 97% of flower-rich meadows have disappeared since the 1930s.

How you can get involved?

Here are some ideas

- Allow all of your lawn to grow
- Allow parts of your lawn to grow
- Try leaving a mix of grass lengths
- Create paths through longer grass
- Be adventurous and leave mowing until the end of July - Let it Bloom June, Knee High July.

Spread the word

- Put up a No Mow May sign in your window/lawn
- Talk about No Mow May, encourage others to join
- Share No Mow May experiences/images on socials using #NoMowMay

References

Plantlife Charity www.plantlife.org.uk

Burton Joyce Climate Action Group (BJCAG) Follow us on FB - <https://shorturl.at/KUoUIEmail> - burtonjoyceclimateaction@gmail.com





Bulcote Parish Council

Bulcote Parish Council has a new Clerk, Terri Dixon, who is a resident of the village. She supports the five elected Parish Councillors to carry out their roles and responsibilities for the Village, attending meetings and working behind the scenes to ensure the running of our services.

Bulcote residents can contact Terri on clerk.bulcotepc@gmail.com

The Parish Council would like to thank Lisa-Jayne, our previous Clerk, for all her hard work on the Council.

Bulcote residents are always welcome at Parish Council meetings. We meet in the Old School Building, Burton Joyce, at 7pm every other month. The remaining meeting dates for 2025 are: July 14th, September 15th and November 17th.



Burton Joyce
Climate Action Group



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JUST 1 THING

Just one simple and easy thing you can do to help protect people and the planet and fight climate breakdown

Kill weeds on your driveway or patio using boiling water instead of weedkiller

Use boiling water instead of weedkiller. It's cheaper It's effective It's better for the environment. You may need to do it twice on tougher weeds.

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Thank you



Volunteering



The word has several meanings: **to freely offer to do something, to commit to an undertaking without consulting someone, to say or suggest something without being asked, or to work for an organisation without being paid.**

Volunteering can give your time and effort to help others, organisations, or the environment without receiving compensation. It is a free choice act that can be formal (through structured organisations), or informal within the community, and can involve a wide range of activities.

The Key aspects are:

1. The willingness to donate time and labour without expectation of pay.
2. It is a free choice, individuals choose to volunteer, it is not a requirement or obligation.
3. It benefits others by helping organisations, individuals, or the environment.
4. There are an endless variety of opportunities, and many ways to get involved
5. There are personal and professional benefits, volunteering can boost confidence, develop new skills, enhance social networks, make friends, improve self-esteem and wellbeing.
6. It can contribute to the well-being of the local community
7. It can enhance physical and mental health.

There are many examples of volunteering in our village: groups or individuals litter picking, children planting trees by the river, those who care for elderly friends or relatives, those who run sports clubs or run scouts, guides, beavers, and other young peoples' groups, and those who run clubs and societies, the village hall, the village market, station adopters, the parish council, and church activities.

We all volunteer to a certain extent, whether it is emptying the dishwasher or doing other little jobs at home to running a major project in the village. Despite this huge contribution of effort there is, however, a pressing need for more help in some aspects of village life. Can you do that little bit more to keep our village a wonderful, vibrant, and happy community.

If you would like to volunteer in the village and are interested in knowing more about opportunities, then please register your interest by emailing the Parish Council directly on parishclerk@burtonjoyceparishcouncil.org

Steve Wright, Vice Chairman, Burton Joyce Village Society



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Reports have been received by the National Cyber Security Centre's regarding ransom email threats where security has been breached - possibly by a third party cyber attack or a previous historical breach..

In order to make these phishing attacks convincing, emails will often include genuine pieces of personal information relating to the victim, such as a password or home address.

What to do if you receive an email like this:

- As with other phishing emails, do not to engage with the phisher, forward the email to report@phishing.gov.uk, which is the [NCSC's Suspicious Email Reporting Service \(SERS\)](#), and then delete it.
- If you are considering paying the Bitcoin ransom, you should be aware that doing so, you will likely become the target of more scams, as the phisher will know they have a 'willing' customer.
- The inclusion of genuine passwords or other personal information in phishing emails is a strong indication that you may have been affected by a historic data breach. You can use this service to check which of your online accounts were affected: <https://haveibeenpwned.com>
- If the phishing email includes a password you still use, **then change it immediately**. Advice on how to create suitable passwords and enable other factors of authentication is available here: <https://stopthinkfraud.campaign.gov.uk/protect-yourself-from-fraud/protecting-against-online-fraud/improve-your-password-security/>

If you have been a victim of extortion, or concerned that someone may be in possession of intimate images of you, you should report it to your local police force by calling 101.

Find out how to protect yourself from fraud:
<https://stopthinkfraud.campaign.gov.uk>

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ST JOHN THE BAPTIST

By the time you read this article, 'June will be bursting out all over' and mid-summer will be with us. Mid-summer 25th June is often treated in different ways by several creeds and cultural influences, notably in the United Kingdom by druid like followers staring into the early morning eastern skyline, seeing the sun emerge over Stonehenge. Whilst not being sceptic of the origins of this cultural following, I do find the whole situation bizarre.

However, may I focus on a different aspect of the mid-summer day. It is of course one of the legal quarter days, when traditionally rent is paid to landlords – originally in the rural landscape of yesteryear, but still very much in evidence in current commercial leases. But the day does also have religious connotations – I refer to John the Baptist.



John figures strongly in the New Testament and the story of Jesus. He is commemorated on 24 June each year by several Christian faiths, being the nominated date of his birth. The feast of his nativity is a high-ranking liturgical event in the Catholic and Eastern Orthodox Churches, together with Anglicism and Lutheranism. Luke in his gospel seems to relate the birth of John as a parallel with Jesus. The date of the celebration follows three months after Gabriel appeared to Mary to inform her of the forthcoming holy conception, which in turn anticipated Christmas. Celebration of John's birth ranked highly from the 5th Century with three masses celebrated on the day. What is interesting is that celebration of saints is usually related to death, but in John's case, it celebrates his birth. John comes to an untimely end with his beheading. Interestingly, John's birthday celebration the day before mid-summer [25 June] was perceived to be an attempt to overshadow the pagan festivals by celebrating John in preference. My view is that it is all to do with 'time counting' by the Romans with the application of the Julian calendar.

In any event, roll out the barbeques and just look forward to a dry, fine day and an opportunity to enjoy the long daylight evenings.

David Yates

A MINIATURE HOME

Following our request in Edition 2 for SCALE MODEL MAKERS to send in some details of their hobby - we are delighted to include some of Maria's scale models and details

Why make miniatures?

I am very passionate about upcycling and love interior design in general. I am currently working on redecorating my bedroom. Every piece of furniture is pre-loved and upcycled from the knobs on the wardrobe to the items used to create my bedside 'monkey lamp'. I love the challenge of creating truly unique pieces from out of date, unwanted or non-working items that have a history of their own! I believe every item can have a second chance to shine with a little creativity and a sprinkle of pizzazz!

Approximately a year ago, I bought a second hand miniature dolls house for about £15. I believe it is originally from the 1930s-40s and it was made by Tri-ang. It was a hobby I had never considered previously. However, I loved its story. An older lady had owned it for many years and it bought her great joy. Sadly, she had passed away and her remaining family no longer had space for it. I love it because she loved it. Although the exterior of the house does not look like my own, I decided to decorate the rooms like the interior of my house. I use the same skill set to recreate the miniatures. I buy pre-loved dolls house furniture and up-cycle items to look like miniature copies of the full size items I have already up-cycled for my home.

Continued ...



A MINIATURE HOME (Continued)

The Christmas tree for example was originally plain green, crooked and its needles were crushed to one side. It cost me £1 from a car boot sale.

The pieces usually take me from between 1 to 4 weeks to complete, depending on how elaborate they are and how much time I have to spare. I follow no instructions or rules, my philosophy is 'let's have a go and see how it turns out'.

This hobby has brought me a great amount of joy from planning pieces, searching out suitable materials, to making and painting the items themselves.

Sometimes, I create fantasy themed items, which don't exist in real life, such as the parrot and cockatoo.

Originally from Ebay, I modified them to be a little bit more elaborate and they always make me smile.

Maria





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Kin Lifetime Planning is pleased to announce some exciting updates!

The opening of our new office, on Meadow Lane, Burton Joyce!

We've recently completed a renovation of the front office on Meadow Lane. March was a busy month spent planning, moving and painting the space to create a fabulous office that reflects our identity & ethos.

For those of you that don't know us, we're a growing, close-knit team offering a service with family values as its guiding principle, and our personalised lifetime planning approach lead by our financial planner Leckie Presley. The new office will allow us to have a presence within the village and beyond, keep your eyes peeled for upcoming events and fundraisers!

We officially opened the doors of the new space on 1st April 2025 and have already had many a friendly face pop into see what we're about, which has been great! If you're passing by, feel free to pop into and say hello, we're a friendly bunch!



Charlotte Carter
Cert CII (MP)

Mortgage & Protection Adviser
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MEADOW PIPIT

Cruising the Leeds Liverpool Canal

PART 3

Some friends joined us on board for the trip from Skipton to Bingley and proved valuable crew when negotiating some heavy swing bridges along the way. We arrived at the top of the famous Bingley Five Rise Locks - a staircase of five locks taking boats 60' down from top to bottom. We had intended to treat our friends to a meal out to thank them for their assistance, but there is a distinct lack of restaurants at the top of the locks, and we didn't fancy the steep walk back up the hill after a good meal at the bottom of the locks. On checking, we found that there was an Indian cafe in an industrial park within walking distance. We went to explore and found it in a Portacabin; they were more than happy to serve us what they had available, which was a rather limited, and served in cartons, but they found some plates and cutlery, and we ate at picnic benches outside their Portacabin next to a parked up lorry. It wasn't quite what we had in mind, but it was fun!

The next day we descended the locks down into Bingley itself - the five rise followed by another three rise staircase - and then moored up next to the busy A650 and the railway line, which pleased me immensely as I love listening to the trains trundling by (unlike Ian, who prefers peace and quiet). Our friends caught the train back to Skipton to pick up their car and head home and I found a laundrette where I took our bed linen for washing. We have a washing machine on board, and often do our own washing, but with limited space on board drying laundry can be a problem. It's fine on the front or back deck on a clothes horse (or even on the towpath) but not in a busy town or when travelling through locks.

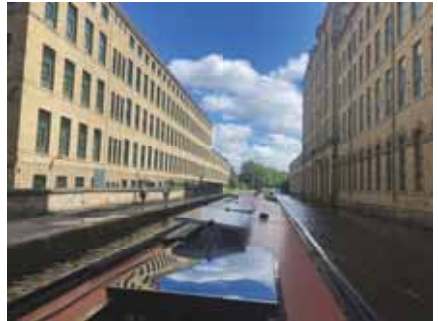
From Bingley we cruised to Rodley, passing through beautiful Saltaire, where Titus Salt's majestic mills line both sides of the canal, and along the way we started to hear tales of a new swing bridge that had been installed on the Leeds side of Rodley that required a degree and superhuman powers to operate. It replaced an old swingbridge that was always quite tough, but this one had been designed and built by some developers building a housing estate next to the canal and according to the boating grapevine was an absolute menace.

Continued ...



Bottom of the 'Bingley Five'

We enlisted the assistance of a bodybuilder friend for the journey from Rodley to Leeds, just in case. Sure enough, we soon came to the aforementioned bridge, and our strong friend Alan, and myself, went ahead to open it. I cannot begin to tell you how ridiculously complicated it is - the first set of instructions are how to open a box to obtain a special key to operate the swing mechanism; by the time we had managed to follow those we were already confused! Once we had the special key we had to turn wheels first one way and then the other, lifting latches and moving levers as we did it, and then eventually the bridge would open - in theory. It didn't work. Alan and I were 30 minutes trying to get that bridge to open, and as you can imagine we gathered quite a crowd of cars and pedestrians waiting to cross it when we had finished. We were very apologetic, and luckily they were all completely understanding and sympathetic as they were used to it; in the end with the help of Ian and the locals and a bit of brute force we managed to finally get the bridge to move only to realise that the three of us were on the bridge and Meadow Pipit was moored up with no one on board to drive her through! Obviously getting off this over-engineered bridge when it was half open wasn't going to be easy, but I managed to climb over barriers and along ledges and finally got back to Meadow Pipit and drive her through. I later heard a tale that the designer of the bridge was so fed up about all of the complaints that he came to operate it himself to demonstrate how easy it was and ended up being rushed to hospital with a heart attack half way through. We arrived in Leeds City Centre that night and moored in Granary Wharf next to the railway station. The following morning we had planned to set off early because the next stage of our journey was along the River Aire and we knew that the river was at risk of rising from recent rainfall over the Pennines. Canals are navigable all year round unless they freeze over or are closed for repair, but river levels, and consequently currents, vary with the amount of water in the river and if a river is too high the flow is too strong for our engine to cope with. There are markers at most river locks which are red, yellow and green - if the water level is on the red part then it is not navigable, if it is on yellow then boats can proceed with caution, and if it is on green, water levels are normal and it is fine to go onto the river. On this occasion it wasn't the water levels that held us back, but a couple of large padlocks on the lock going down onto the river - we discovered that the lock keepers only allow passage from 1pm through River Lock. Once we finally got through we made it as far as Castleford where we stopped for the night. From Castleford we carried on to the flood lock at Knottingley and once we were through that we could relax as we were off the river and certain to get to Thorne and Staniland Marina in time for our booking for their dry Dock where Meadow Pipit was due to be shot blasted and two pack painted at the end of August



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Lucas designs a new Top Trumps card



Lucas, 9, recently won a national competition to design a new Top Trumps card for ROARR! dinosaur adventure park in Norfolk.

After choosing him as the winner, they turned his design into a card, which they handed out to everyone who completed the 'Top Trumps Trail' at the park.

We were invited to the park for them to present Lucas with his prize and a pack of his cards, and he felt like a VIP all day!

We're so proud of his achievement and we had a wonderful time at the park celebrating amongst the dinosaurs!

Natalie and Nick
Ahmed,
Burton Joyce





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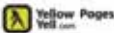
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THE FAROES: A PERSONAL JOURNEY AND EXPLORATION

A DAY OF TWO HALVES

By Richard Berry

The Faroes may be the ideal playground for outdoor pursuits but it's not all birdwatching and trekking. During our trip we were able to sample a wide range of cultural delights the islands have to offer.

LISTASVN FOROYA (THE NATIONAL ART GALLERY)

The first enjoyment to be had in visiting the National Art Gallery is finding the partially underground building secreted between hills. The gallery is not flagged up by anything so predictable as a sign and you could easily walk past it without realising what it is.

Once inside, we again experienced the Faroese juxtaposition of the traditional and the contemporary.

The more traditional art was mainly realist and dark with titles of paintings such as 'Man Coming Back from Funeral.' You get the idea. Otherwise there are lots of landscapes; artists making good use of the extensive daylight the islands enjoy; up to twenty hours a day in the summer months.

The modern art was more to my liking. The special exhibitions were suitably wacky and included a sort of lighting continuum in a lift shaft which was highly impressive.

Continued ...



The gallery is not flagged up by anything so predictable as a sign and you could easily walk past it



'Morning in Nolsoy' painted by Steffan Danielson in 1969, is more colourful and lightens the mood

THE FAROES: A PERSONAL JOURNEY AND EXPLORATION *(Continued)*

There were rooms with headphones hanging down where I could not determine whether they had finished constructing the exhibit or not.

The strangest exhibit appeared to be white walls covered with rows of what looked like pork chops in the middle of the floor and a woman's head on a television rambling in a seemingly Beckettian stream of consciousness. What's not to like?



Unusual symbolic art.

Even my son Tom, who tends to view life through a prism of scientific rationalism did not protest that I had dragged him along to something 'weird and random,' and seemed to take a particular liking to a painting of gulls in suits. Perhaps he is even ready to rewatch the underrated Danish arthouse classic 'Pigeon Sitting on a Branch Reflecting on Existence?' Perhaps not.



Tom liked the gulls in suits



Sámal Joensen-Mikines (1906-1979), whose dramatic and symbolic depictions of death and loss are very dark and thought provoking

Continued ...

THE FAROES: A PERSONAL JOURNEY AND EXPLORATION *(Continued)*

To the rear of the gallery is a delightful sculpture park.

The café served up a limited but excellent range of Nordic sandwiches.

Overall, highly recommended.



HB TORSHAVN 2 B36 TORSHAVN 0



I have a theory about why Esperanto never took off as a universal language that citizens of the world could speak to promote world peace and hippiedom. It is because Esperanto does not contain the phrases 'Brian Clough,' and 'Robin Hood.' I am sure I am not alone, fellow Nottinghamian reader, when abroad, of being met with uncomprehending faces whilst trying to explain where our great city is, only to be greeted like a long-lost friend, when explaining the connection with Cloughie and Hood(ie).

Continued ...

THE FAROES: A PERSONAL JOURNEY AND EXPLORATION *(Continued)*

It was this type of conversation that led us to spectate at a local derby between fierce football rivals Torshavn HB and B36 Torshavn, between them winners of the Faroese Premier League on 35 occasions.

The Gundadalur sports complex has three grounds including the national stadium and the pitch where both Torshavn teams play.

We parked right next to the stadium; I do not mean in an adjacent street but right next to the main stand. The hills and countryside gave the most spectacular backdrop to a football ground I have attended.



We opted to support Torshavn HB because of their red and black colours and the fact that a hammer is incorporated in their logo.



At half time we sat in the clubhouse admiring the stuffed trophy cabinet, enjoying a steaming cup of tea and waffle with squirty cream. A day of two equally good halves.

The support was passionate but it was family friendly with children free to run around. The touchlines were guarded by volunteers recovering the balls carried away by the swirling wind. They probably had as much of a workout as the players and commendably ensured gaps in play were kept to a minimum.

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numerous visitors constantly, throughout each year. The shopping experiences in Nottingham, along with the most excellent restaurants and eateries, must surely be some of the best that any city has to offer. Be it a desire or preference for British, European or International cuisine, the venues of Nottingham can and do provide a wealth of choices. I searched for a venue that has style and quality, plus a history of the building too.

The Cosy Club is located in the heart of Nottingham's city centre and attracts locals (always a good sign), plus countless visitors, who have found it, perhaps by way of a recommendation. Open throughout the day, to all, my visit was for a luncheon. Previously, this building housed Nottingham's Victoria Club casino and, prior to that, decades ago, was built (1870) and then became offices for the Imperial Life and Fire Insurance Company. Hence, the function room here is named after that – the Imperial Room.

To commence I opted for GARLIC PRAWNS (Paprika butter, parsley, lemon, toasted sourdough). This proved to be a most excellent start to the dining experience, with my taste buds appreciating the subtle flavours. For main I chose CALABRIAN ROAST CHICKEN (Tomato, 'nduja & red pepper sauce, roast new potatoes, paprika butter, aioli). This dish had complementing flavours in abundance. 'Compliments to Chef' (Head Chef, Mansu and the team). Other popular main course dishes included Lamb, Sea Bass, also Salad options.

I selected VALRHONA CHOCOLATE BROWNIE (Vanilla ice cream, honeycomb) for dessert, from an array of choices. Quality wines/drinks (including splendid House Coolers) have beverages for all (COSY ESPRESSO MARTINI – does the job, admirably!). Gift vouchers are available – perhaps to surprise someone special? Parties and occasions are easily accommodated and 'themed dining' happens regularly.

Thank you to Kez, for a warm welcome and to Lucy, for excellent service throughout. Please, visit the website for more details and information, including other locations of Cosy Club venues. Highly recommended.

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Jo McCarthy is away this month but will be returning with some real Rip Roaring Reads in August

However - many of you will be interested to read the following -

Owning And Riding E-SCOOTERS

What is an e-scooter?



Electrical scooters (also known as e-scooters) come under the category of 'powered transporters'. This covers a range of personal transport devices that are powered by a motor.

E-scooters are classed as motor vehicles under the [Road Traffic Act 1988](#). This means the rules that apply to motor vehicles, also apply to e-scooters including the need to have a licence and insurance.

There are two ways of using an e-scooter:

- by privately owning one.
- by renting one through an authorised rental scheme.

Owning your own e-scooter

It's not currently possible to get insurance for privately owned e-scooters. This means it's illegal to use them on the road or in public spaces, such as parks, street pavements, and shopping centres.

If you use a privately-owned e-scooter in public, you risk the vehicle being seized under S.165 Road Traffic Act 1988 for having no insurance.

If you cause serious harm to another person whilst riding an e-scooter, the incident will be investigated in the same way it would if you were riding a motorcycle or driving a car.

Where you can use your own e-scooter

If you own an e-scooter, you can only use it on private land, such as in a garden. But you must have the permission of the landowner to do so.

Penalties and offences for e-scooters

If you breach the rules when using an e-scooter you could face a fixed penalty. Forces set and enforce penalties differently, so the penalty will vary depending on where the offence is committed.

You could be committing an offence if you're caught:

- riding on a pavement: fixed penalty notice and possible £50 fine.
- using a mobile phone or other handheld mobile device while riding: £200 and 6 penalty points.
- riding through red lights: fixed penalty notice, £100 fine and possible penalty points.
- drink driving: the same as if you were driving a car, you could face court-imposed fines, a driving ban and possible imprisonment.
- If you're using an e-scooter in public in an antisocial manner, you can also risk the e-scooter being seized under [section 59 of the Police Reform Act](#).

NEXT EDITION - RULES THAT ALSO APPLY TO RENTAL E-SCOOTERS & E-BIKES



Day trip to Lincoln by train Tuesday 1st July

Following the great success of last years trip to Lincoln, the Friends of Lowdham and Burton Joyce Stations and EMR have organised another day-trip by train on Tuesday 1st July.

Direct trains to Lincoln will be stopping at Burton Joyce at **09.43** and at Lowdham at **09.48**, arriving in Lincoln at **10.30** and will return from Lincoln at **16.34**, arriving in Lowdham at **17.17** and Burton Joyce at **17.21**. Please note that these are the only valid trains - they do not normally stop at either station.

When in Lincoln there will be an opportunity to visit International Bomber Command Centre (IBCC) and the Cathedral Quarter. IBCC is just over a mile from the train station and is not well served by public transport.

IBCC is well worth a visit, with a caf , extensive gardens, an impressive memorial to the members of Bomber Command from all over the world and an excellent exhibition of life in Bomber Command during the 2nd World War. To commemorate the 80th Anniversary of VE day, there is a stunning display of thousands of ceramic poppies in the grounds.

TICKETS: £10.00 for the return train trip only - with free time in Lincoln. There is a hop-on hop-o bus from the station around the city, or regular bus services to access the Cathedral quarter.

TICKETS: £16.00 for the return train trip and sharing a taxi to IBCC for the morning and a taxi at 2.00pm from there to the Cathedral Quarter in the afternoon, making your own way back to station for the return train,

Access to the IBCC is free, but there is a charge for the exhibition. Tickets can be purchased in advance online at internationalbcc.co.uk. An adult day pass is £11.00, over 65s/disabled day passes are £10.00 when purchased in advance online. Equivalent tickets purchased on the day are £1.00 more.

Complimentary drinks and savoury Lincolnshire snacks will be available on the out-bound train.

Numbers are limited, and tickets will sold on a first-come, first-served basis.

Tickets from **Burton Joyce** will be available by emailing lynette@thegallery.co.uk or calling 07967 277878.

Tickets from **Lowdham** will be available by emailing frances@lowdhamstation.me.uk or calling 0115 966 4938



By Mohson Hussein on behalf of
Inspector Heather Harding (Gedling SNT)

We are grateful for having the opportunity to contribute to The Magazine. Speeding remains a concern and the team have been out conducting patrols across your areas, as well other areas in the Gedling South area. PCSO Parkinson continues to look for new volunteers to receive training on the Community Road Safety (CRS) training so if you would like to get involved please get in touch with him at trevor.parkinson@notts.police.uk.

The team have held a number of Beat surgeries in the last few months across the area and we continue to listen to your issues and concerns. We continue to encourage more attendance so we can identify and address local matters of concerns. Below are the further dates for Beat Surgeries for all three areas (Lambley, Burton Joyce and Stoke Bardolph) for the third quarter of 2025:-

- **Burton Joyce Surgery – Wednesday 23rd July 2025 at 1400 hrs at Burton Joyce Library, Burton Joyce, Nottinghamshire**
- **Lambley Beat Surgery – Monday 18th August 2025 at 1400 hrs at Lambley Primary School, Catfoot Lane, Lambley, Nottinghamshire**
- **Stoke Bardolph Surgery – Tuesday 23rd September 2025 at 1400 hrs at Stoke Bardolph Community Centre, Stoke Lane, Stoke Bardolph, Nottinghamshire**

There will be further beat surgeries in the fourth quarter of the year and SNT will communicate this via the magazine and social media pages and the new Notts Alerts system. Even if you live in a surrounding area, we will be happy to speak to anyone who has issues or concerns. I understand there was a Beat Surgery at Burton Joyce on 12th May 2025. Due to a miscommunication, Police were not able to attend so please accept our apologies.

As per the last magazine article, the recent most significant incident in the area was in March 2025 and we provided an update in the last magazine article. This case is still under investigation and we hope to provide a positive response soon.

In terms of crime statistics, the area remains safe and the crime figures are low. There are no particular crime patterns or trends that are of a concern, but I would like to take this opportunity to remind residents to ensure they secure their properties and always be vigilant. If you see something concerning, please report to 101 in a non emergency, or 999 if a crime is taking place.

Could I once again take the opportunity to encourage residents to sign up to the Notts Alert (www.nottsalerts.co.uk). This is a great way of being provided crime / safety advice as well information around future Beat Surgeries.

Please do not hesitate to contact PCSO Parkinson on the above email address or PC 2358 Mark Szeremeta at, mark.szeremeta@notts.police.uk We look forward to seeing you at some of the future Beat Surgeries.

Inspector Heather Harding (Gedling SNT)

SCALE MODEL MAKERS

My thanks to Maria for sending in her scale model photos - hopefully some of you in and around the village will follow suit with your photos.

If you would like to share some details with 'The Magazine' of your work we would be delighted to include it?



Miniature Wardrobe

The thinking behind my suggestion is to -

A/ Encourage others to benefit from this hobby

B/ Showcase your own finished project

C/ Display the wide range of models & ideas available

Many times I've been told "I wouldn't have the patience!"

The advantages of scale modeling are extensive and it is well reported that Stress Relief and Mental Health can benefit significantly.

Please help this idea to go further and let other people know what a fulfilling and enjoyable hobby this is.

Steve Swann steve.swann@themagazine.org.uk



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We had a tremendously successful concert on Friday April 11th. Thank you to all who took part & to those who made donations helping to raise the huge sum of £1024 for the Anthony Nolan bone marrow register and stem cell research charity.



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Ferns

There is much to enjoy as the new growing season develops but for variety of greens and their textures ferns stand out in their fresh growth. We have a lot and their names can be more off putting even than those of flowering plants but I will consider three or four areas that they dominate almost throughout the year.

The steep bank of the Dumble where it enters the garden is overshadowed by a cherry tree so is not an easy area to plant. It covered itself in ivy which always looked tatty. A few years ago I started moving in ferns that were growing naturally in the garden; mostly hart's tongue's at first and later the native Nottingham lace ferns

Polystichum setiferum and *P. longifolium* fig 1. These open with wonderful green freshness and varied textures. *P. setiferum* produces sports of varied and exquisite frilliness which people have collected and propagated by division. These are well worth looking for.



Fig 1 *Polystichum setiferum*

It is important to note that all ferns move better when in active growth. The hartstongues love our neutral soil and colonise by spores (seed) the shady side of many walls I have built in our sloping garden. I continue to remove and replace ivy each spring but also have put the lovely white wood anemone between them which comes to life in April. The yellow *A ranunculoides* comes earlier and does the same job. A few snakes head fritillaries have seeded among them and raise their nodding heads above the show.

Maidenhair ferns (*Adiantum*) are tender and tolerate dry conditions and therefore make excellent houseplants but two species are good outdoor plants.

Adiantum venustum fig 2 is a real joy in April as it emerges. It spreads quite quickly by underground runners and is a powerful ground cover. It goes brown in winter but does not die back so it is pleasing by the path all the year round.



Fig 2 *Adiantum venustum*

Continued ...

IN OUR GARDEN

The other *Adiantum pedatum* is really delicate fig 3. It spreads with less vigour under ground but seeds well and so makes a good filler for a dry stone wall as shown in the picture.

For damp areas there are two ferns that thrive. The shuttlecock fern is the classic species of this habit spreading by underground runners, It looks wonderful each year coming up between the yellow spathes of *lysichiton*. It can get blackened by late frost but recovers. It has not been touched for several years now. The other more vigorous species for damp areas is *Cystopteris fragilis* which is a very powerful weed suppressant.

Most ferns whether evergreen or not need to be cut back and tidied in March before the new growth appears, further I often plant snowdrops around the large *polystichums* which are a joy in February but don't appreciate being covered by their dying leaves.

There is massive scope for using ferns but I will mention two little oddities which give us pleasure. *Cheilanthes lanosa* is a fern of the desert and I grow in the gravel in full sun and makes a very pretty small clump. The adders tongue fern (fig 4) is a British native of pasture. I got a trowel full from my favourite gardener Christopher Lloyd forty years ago. I put it in the orchard and didn't see it for some years but now appears regularly in the lawn and we mow round it until it has set its spores in May.

Stones lovely nursery in Lambley has a large selection of indoor and outdoor ferns. I have several of his very pretty indoor species planted in nice pots to decorate the Sittery in Summer.



Fig3 *Adiantum pedatum*



fig 4 Adders tongue fern



A bank of ferns



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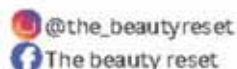
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Health Insights – Number Thirteen – Frailty

Understanding Frailty

Frailty is a condition commonly associated with older adults, but it is *not an inevitable part of aging*. While it becomes more prevalent as we age, many older individuals remain robust and independent. Frailty is characterised by a *loss of the body's in-built reserves*, making individuals more vulnerable to sudden and dramatic changes in health following seemingly minor events like a small infection or a change in medication.

The NHS recognises frailty as a *long-term condition* that can significantly impact an individual's quality of life and increase their risk of adverse outcomes such as falls, disability, hospital admissions, and the need for long-term care. It's estimated that around 10% of people over 65 experience frailty, with this figure rising significantly to between 25% and 50% for those over 85. It is estimated that treatment of issues due to frailty costs the NHS £5.8 billion each year.

Identifying Frailty: Signs and Symptoms

Signs and symptoms that may indicate frailty in older adults:

- **Feeling slower:** A noticeable decline in walking speed and overall slowness in movements.
- **Weakness and muscle loss:** Reduced grip strength and a general feeling of physical weakness.
- **Feeling tired (exhaustion):** Persistent feelings of fatigue and low energy levels that are not relieved by rest.
- **Needing more help with daily tasks:** Increasing difficulty in performing everyday activities such as dressing, bathing, or preparing meals.
- **Unintentional weight loss:** Losing a significant amount of weight (more than 5% in the past year) without trying.
- **Taking a long time to recover from illness:** A slower and less complete recovery from illnesses or injuries.
- **Low physical activity:** A significant reduction in participation in physical and social activities.

Experiencing three or more of the above may indicate some degree of frailty

Causes and Risk Factors

The development of frailty is complex and influenced by a combination of factors:
: **Age.** Frailty is more common in older adults, particularly those over 70.

Chronic Diseases: Underlying health conditions such as diabetes, heart disease, arthritis, respiratory problems, and kidney disease can contribute significantly to frailty.

Nutritional Deficiencies: Inadequate intake of essential nutrients, especially protein and calories, can lead to muscle loss and weakness, accelerating frailty.

Sedentary Lifestyle: Lack of regular physical activity leads to muscle atrophy and reduced physical function, increasing the risk of frailty.

Cognitive Decline: Conditions like dementia and Alzheimer's disease are often linked with an increased risk of frailty.

Continued ...

Health Insights – Number Thirteen – **Frailty** (Continued)

Social Isolation and Loneliness: Limited social interaction can negatively impact both physical and mental well-being, potentially contributing to frailty.

Managing and Preventing Frailty:

Whilst frailty is a serious condition, it is not necessarily irreversible. Early identification and appropriate interventions can help slow its progression and improve the quality of life.

Physical Activity: Regular exercise, this can include activities like walking, chair-based exercises, or strength training. Help with this is available on the NHS website (below). Or you can now self-refer yourself (no need to see a GP) for Physiotherapy by calling the Community Musculoskeletal Assessment and Treatment Service (CMATS) on 0115 784 2147

(<https://www.connecthealth.co.uk/services/nottingham/>)

Optimising Nutrition: Ensuring a balanced diet rich in protein, vitamins, and minerals is vital for maintaining muscle mass and overall health. Again, information is available on the NHS website.

Managing Underlying Health Conditions: Effective management of chronic diseases is essential to prevent their contribution to frailty. This involves regular medical reviews, adherence to prescribed medications, and lifestyle adjustments.

Medication Review: Older adults are often on multiple medications, which can increase the risk of side effects and interactions that can contribute to frailty. Regular medication reviews by a GP or pharmacist are important to ensure medications are appropriate and at the correct doses.

Falls Prevention: Falls are a significant risk for frail individuals. The NHS provides advice and support on falls prevention strategies, including home safety assessments, balance exercises, and vision checks.

Social Engagement: Maintaining social connections and participating in community activities can improve mental well-being and reduce feelings of isolation, which can positively impact physical health. If you need help here, please contact the Social Prescribers service for your GP, The Ivy Medical Group Social Prescriber Dina Balistri is available on 0782 689 8588 or via email at dina.balistri1@nhs.net

Early Screening and Assessment: The NHS is increasingly focusing on early identification of frailty through assessments in primary care and community settings. This allows for timely interventions and the development of personalised care plans.

If you would like to know more about frailty please go the NHS Website <https://www.england.nhs.uk/ourwork/clinical-policy/older-people/frailty/frailty-resources/>

Summer officially begins this month!

What a wonderful start to the summer season we have had. The weather has been glorious and it has been a joy being out in the garden. It is a busy time for gardeners, let's take a look at some jobs to be doing this month;

- Get planting your hanging baskets and pots now with colourful annuals for a stunning summer display
- Water regularly, paying particular attention to pots as they dry out much quicker than borders
- Harvest spinach, early potatoes and early carrots
- Prune any flowering shrubs that have now finished
- Dead head annuals and perennials regularly
- Start feeding your lawn with a high nitrogen feed for a lush, green lawn.
- Install plant supports around tall growing perennials such as delphinium and peony
- Water houseplants regularly
- Create an alpine bed. Alpines thrive in dry sunny positions.
- Add colour by planting up empty pots, hanging baskets, old tea pots, watering cans...anything, why not?

●

Looking Good This Month

This month look out for *Sanguisorba*. For something a little different, look out for this compact and clump forming perennial that will add joyful colour and interest to your garden. Nodding deep crimson fluffy tips, sit at the end of slender stems, creating the illusion of floating little pods of colour. These plants are perfect for mid border planting or in pot arrangements. Add something different to your garden this month, you won't be disappointed.



Also Looking Good This Month

Summer flowering Clematis are taking central stage this month. A particularly good range to look for is 'Raymond Evison'. The varieties in this range are bred exclusively to grow well in pots making them ideal for patios and smaller areas. Often the varieties in this range will flower repeatedly also, making them a fantastic choice for your next clematis purchase.

Don't forget you do not have to have a wall or pergola to grow a clematis up, grow them through other plants too such as shrubs and roses, even trees!

Why not add a clematis to your garden this month?

It is gardening season and the time of year when we use our gardens the most. Let's get outside and make our gardens the very best they can be.



Happy gardening!



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Burton Joyce Primary School – Summer Term

Our Foundation children have been busy looking at the woodlands and forests to find out what grows and lives there. They've been out exploring on their 'Well Wednesdays' and are looking forward to their trip to Sherwood Pines.

KS1 are learning about the four seasons and how the hours of sunlight change and how the weather is different in parts of the worlds. We will also be heading to Nottingham Castle next term as part of our History topic.

In Year 3/4 we've been learning about 'Why do people go on holiday to Europe' and looking at the landmarks and the different climate zones. In Science we are investigating different parts of plants and their functions.

Year 5 – In Science the focus has been around Animals and Humans and investigating how living organisms are classified. Both Year 5 & 6 are particularly enjoying Art this term studying Banksy and asking 'What is graffiti?'

Year 6 have finally completed their SAT's – hooray! All pupils (and staff) have worked so hard towards these tests. They will shortly be starting practice for their end of term production and Leaver Assembly.

Across school we will be practicing for our annual Sports day after half-term. Some children have been attending our after school gardening club so we have some lovely planters at the front of school and we have been growing some tomatoes and sunflowers. Other after school clubs this term include Cricket, Foundation athletics, Cheerleading and Clay creators.

Next half-term promises to be a long and busy one so lets hope the sun keeps shining!



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May Update

Whole school awards at Carlton le Willows

SUMMER term has got off to a strong start with the award of a series of whole school accolades and student awards at Carlton le Willows. A group of Year 13 chemistry students took part in the national Olympiad organised by the Royal Society of Chemistry, scooping a total of eight awards – two silver and five bronze – in the process.

The exam, sat by more than 16,000 students from schools across the country is designed to help budding chemists develop critical problem-solving skills, learn to think more creatively and get a chance to test their knowledge in new, real-world situations.

Away from the classroom students lower down the school excelled in a county-wide athletics competition at the start of the month. Two teams, one boys and one girls, from Year 7 returned as champions from the Nottinghamshire County finals of the sports hall athletics held at Harvey Haddon. The Year 7 teams earned gold medals at the competition, which involved running, jumping and throwing events and saw them competing against the best eight schools from across the county.

This finals event followed an earlier sports hall athletics competition, hosted by Carlton le Willows for secondary schools in the Gedling area. At this event our Year 8 team worked incredibly hard and earned first place. Credit must also go to the Year 9 sports leaders at Carlton le Willows, who volunteer their own time to receive training and act as officials at the Gedling area event.

On a whole school level Carlton le Willows received two national accolades this term – the Quality in Careers Standard, which stands as testament to the work of Academy staff to support, inform and inspire students with careers education and guidance and the Leading Parental Partnership Award, in recognition of the Academy's commitment to build positive and effective partnerships with parents.



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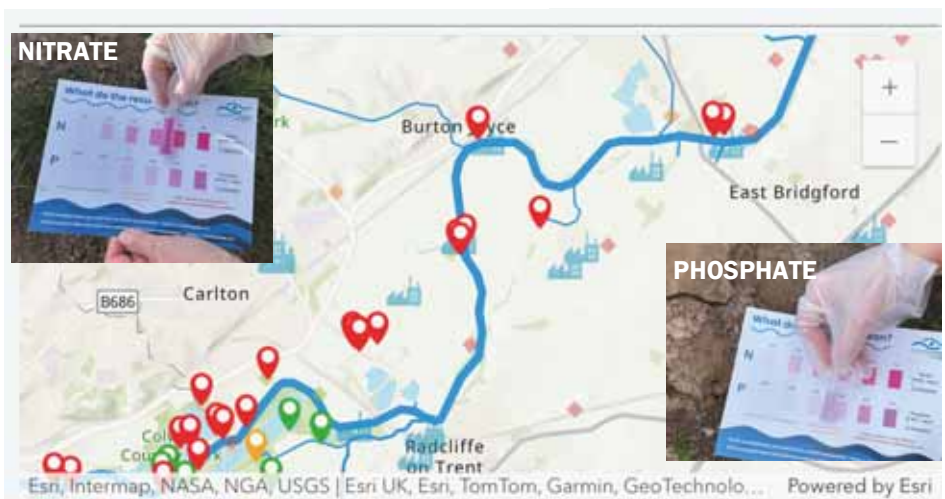
Climate Action Group



We have started to measure the health of the River Trent at Burton Joyce and will continue to do so at six monthly intervals and anyone can get involved! The Rivers Trust have an app called the Big River Watch, you can download it here <https://theriverstrust.org/take-action/the-big-river-watch> and twice a year you are reminded to use the app to say what you can see (birds, mammals, vegetation, water colour, smell etc).

In addition, at <https://www.freshwaterwatch.org> we obtained a water sampling kit and we measured the concentration of phosphates and nitrates, the key water pollutants. The sampling shows that the river contains moderate to considerable levels of both chemicals. This indicates the impact of the chemicals running into the water from sewage effluent and agricultural run-off.

Excessive levels of nitrates and phosphates disrupt ecosystems by fuelling algal blooms and leading to oxygen depletion. Our findings show that the River Trent has higher concentrations than government guidance advises¹<https://www.gov.uk/government/publications/state-of-the-water-environment-indicator-b3-supporting-evidence/state-of-the-water-environment-long-term-trends-in-river-quality-in-england-2024>. By way of comparison there were very low levels of nitrates and phosphates in the water taken from the gravel pit near Gunthorpe.



BURTON JOYCE & BULCOTE WI

www.burtonjoyceandbulcotewi.weebly.com

A member of the Nottinghamshire Federation of
Women's Institutes



Monthly Meetings

Second Thursday in the month Burton Joyce Village Hall 7.00 pm start

Future Meetings

June 12th The Core Centre by Becky Lord & Sam Round

July 10th 'Female Magicians' with David Marshall

August 14th 'History of BJ Village Hall' with Steve Wright

PLEASE NOTE THIS MEETING WILL START AT 5.00PM

**SATURDAY August 16th – Coffee Morning in aid of Burton Joyce
Village Hall – 10.00 am to 12.00 noon**

**We welcome visitors and new members to join us to learn new skills, meet
inspiring people, support our local community, make friends and have fun!**

Other Activity Groups

Craft Club – first Tuesday of the month

Walking Group – first Wednesday of the month

Rummikub – second Tuesday evening of the month

Walking Netball – 9.30am every Monday (except Bank holidays)
at The Poplars Sports Ground, Stoke Lane, Burton Joyce

USED POSTAGE STAMPS COLLECTED FOR RNIB

Just to let you know that for a number of years I have collected used stamps for the above charity.

I am happy to send yours also if they have at least 1 cm of envelope around the edge of the stamp (UK and foreign).

SO, if you don't already, please start collecting, all the small packets I receive add up!

I have posted off stamps to the value of £60 worth of funds to benefit RNIB in the past year

THANK YOU

If you have any please kindly pop through the letterbox of 16 Chesterfield Drive BJ.

Thanks Dil



BJu3a provides the opportunity for those no longer in work to socialise, and learn for fun. You can enjoy activities from walking to wine tasting, book clubs, bridge, canasta and cribbage, dining out, fashion, gardening, languages, pétanque, table tennis, ukulele, trips and social events. Pay a visit one of our speaker meetings - there's no charge, no obligation, and you will be made very welcome.

MONTHLY SPEAKER MEETINGS

Monthly speaker meetings are held on the second Tuesday of the month in Burton Joyce & Bulcote Village Hall, Trent Lane, Burton Joyce, at 1:30pm.

TUESDAY 10th JUNE – MIKE BURTON THE RIVER TRENT – ENGLAND'S HEART

Mike Burton, a former journalist and history teacher will talk to us about the River Trent - how it creates a north/south border and how England's prosperity was built along the waterway. Great men, great queens and great innovation mark the Trent's history.

TUESDAY 8th JULY – JENNY ALLISON

Jenny is an almost-retired physiotherapist who likes to talk about her passion - helping over 50's to recover from pain and reclaim confidence in their physical health by using an holistic approach. Her talk covers the science of pain and mindset to explain why maybe traditional methods don't always work for everyone.

If you're feeling a bit jaded around the edges, fed up of going around in circles with finding a solution to your pain, a little lost, stuck, or unsure of what to do next, this talk could be for you.



Burton Joyce and District u3a brings together people who want to pursue interests in an informal and friendly way in one of the many Interest Groups. We currently have 60+ Interest Groups covering 45 different activities ranging from Aerobics to Line Dancing, Political History to Wine Tasting, To browse all of the activities available to you, go to our website at <https://bju3a.co.uk/groups/>

<https://bju3a.co.uk/events>



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info@calvertoncore.org.uk

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Train times from Burton Joyce station

The timetables introduced in December give us a roughly hourly service from Burton Joyce to Nottingham during the morning, and from Nottingham to Burton Joyce in the afternoon and early evening. However, we still have 3- and 4-hour gaps between some daytime services. Burton Joyce Train Action Group was represented at a series of workshops held by EMR to discuss a major overhaul of routes and timetables to be instigated in December. The proposals are very encouraging for a significantly improved train service in Burton Joyce, but the proposals have yet to be confirmed in detail, as the whole EMR network is affected. There will be an update at the June meeting of the Nottingham Lincoln Stakeholder Board - we will report on this in the next edition of The Magazine.

We continue to encourage residents to use the train whenever circumstances permit.

Some minor changes were made to the timetables on 18th May. Only a few of the trains stopping at Burton Joyce on Saturdays are affected and then only by one minute compared with the previous times.

Monday to Friday timetable to 12th December 2025												
Newark Castle	5.56	6.25	7.36	8.41	9.36	10.36	11.36	14.38	15.37	16.37	17.38	23.32
Burton Joyce	6.23	6.49	8.00	8.59	10.00	11.00	12.00	15.02	16.01	17.01	18.02	23.52
Nottingham	6.34	7.01	8.13	9.11	10.15	11.15	12.12	15.15	16.14	17.15	18.14	0.03
< these trains continue to Beeston, Long Eaton, Derby, Stoke-on-Trent & Crewe >												
Nottingham	5.43	6.50	7.57	11.57	13.58	14.56	15.56	16.56	18.00	18.52	21.33	22.37
Burton Joyce	5.53	7.00	8.07	12.07	14.08	15.06	16.06	17.06	18.11	19.03	21.41	22.47
Newark Castle	6.17	7.24	8.30	12.33	14.28	15.26	16.27	17.28	18.30	19.28	22.05	23.08
Saturday timetable to 13th December 2025												
Newark Castle	6.00	7.36	8.43	9.39	10.39	11.35	14.38	15.38	16.38	17.38	21.10	22.10
Burton Joyce	6.25	7.59	9.01	10.03	11.03	11.59	15.02	16.02	17.02	18.02	21.30	22.30
Nottingham	6.36	8.15	9.15	10.15	11.15	12.11	15.15	16.15	17.14	18.15	21.41	22.40
< these trains continue to Beeston, Long Eaton, Derby, Stoke-on-Trent & Crewe >												
Nottingham	5.53	6.50	7.58	11.55	15.57	16.57	17.58	18.55	21.32			
Burton Joyce	6.03	7.00	8.09	12.06	16.07	17.07	18.08	19.06	21.43			
Newark Castle	6.29	7.24	8.34	12.32	16.29	17.29	18.26	19.31	22.05			
Sunday timetable to 7th December 2025												
Lincoln	9.00	11.24	14.38	16.35	18.52	22.51						
Newark Castle	9.29	11.53	15.07	17.05	19.21	23.20						
Burton Joyce	9.54	12.18	15.32	17.29	19.45	23.44						
Nottingham	10.05	12.32	15.44	17.40	19.58	23.56						
Nottingham	9.33	11.25	14.27	17.27	22.30							
Burton Joyce	9.43	11.35	14.37	17.37	22.40							
Newark Castle	10.09	12.01	15.03	18.03	23.06							
Lincoln	10.40	12.31	15.33	18.34	23.36							

All these trains continue to Lincoln from Newark on Sundays - a great opportunity for a day trip to the wonderful city at the other end of the Castle Line



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Burton Joyce Library

Happy summer to all our readers! Hopefully we're enjoying sunny carefree days, but just in case the weather takes a turn why not pop into the library and stock up on books to while away a rainy afternoon? We have stacks of fiction, non-fiction, local history, children's books...anything your heart desires. You can also order items from other libraries for only 30p! If you're not a member yet it's free to join, just call in with some identification (driving licence, utility bill etc) and we'll fix you up with a shiny new library card.

The **Summer Reading Challenge 2025** begins on Saturday 5th July – check the library for more information in the coming weeks. Children are challenged to read 6 or more books between 5th July – 6th September and will receive a prize and certificate when they reach their goal.

Rattle, Rhyme and Roll continues each **Wednesday in the library, from 10.30am-11am** – pop in to have a sing with your pre-schoolers, hang around to change your books and have a chat after.

Why not also join us for **Story Hullabaloo each Friday 2.30pm-3pm**? Story Hullabaloo sessions are relaxed, interactive story and rhyme sessions for under-fives. These fun and friendly sessions are a great way to help build a love of books and find new stories to share together.

Both under-fives sessions are free and you don't need to book. Hope to see you soon!

OPENING TIMES			
Monday	9.30 am – 1 pm	Tuesday	CLOSED
Wednesday	9.30 am – 1 pm and 2 – 6 pm		
Thursday	2 – 5 pm		
Friday	9.30 am – 1 pm and 2 – 5 pm		
Saturday	9.30 am – 1 pm	Sunday	CLOSED

Burton Joyce Library, Inspire:Culture, Learning and Libraries
Meadow Lane, Burton Joyce, Nottingham NG14 5EX

ORGANISATIONS & CLUBS

 BURTON JOYCE PARISH COUNCIL Clerk and RFO to the Parish Council: Jessica Sherrin 0115 9314084	Laurence King [C] Paul Hyde [VC] Jeanette Johnson Richard Fife Terry Hazard Yvonne Greenfield Georgina Hadjigeorgiou Hazel Chadbourne-Doyle Haydn Gregory Richard Rolls	07768438590 07867 538548 0115 8449042 07947 045975 0115 9312472 07788 435857 07790143645 07754 676498 07958 011681 richard.rolls@burtonjoyceparishcouncil.org.uk
 Clerk to the Parish Council: Terri Dixon clerk.bulcotevc@gmail.com	Nick Leaves [C] Victoria Shillaker [VC] Paul Mountain Carl Springthorpe Mick Tobin	07968 227989 0115 9313226
STOKE BARDOLPH PARISH MEETING Parish Clerk Amanda Bethell stokebardolphclerk24@gmail.com	Chairman Mike Terry michael.terry2@me.com	
 Dr P Panesar MBChB MRCP DRCOG PGCertME www.ivymedicalgroup.co.uk/ <i>A member of the Nottinghamshire Federation of Women's Institutes</i>	Apple Tree Medical Practice 4 Wheatsheaf Court Tel 9312500	Lambley Lane Surgery 6 Lambley Lane Tel 9312500
Burton Joyce Village Hall 7.00 pm start Other Activity Groups: Craft Club – Lunch Club – Walking Group – Walking Netball Contact: Lesley Comerie 07805 426483		
 Chairman Membership Secretary website – www.bju3a.co.uk	Alan Comerie Gemma Gill	0300 102 1383
 Burton Joyce & Bulcote Village Hall Hazel Doyle 07706 005739 bookings@bjvillagehall.org.uk	For Meetings, Classes, Gatherings of all kinds including Parties. To view all the facilities https://bjvillagehall.org.uk	
 Burton Joyce Community Brass Meet in Old School Premises.	Charlotte Davenport	charlotte.davenport1@968@gmail.com
 Burton Joyce Bowls Club Poplars Sports Ground <i>You would be most welcome.</i>	Secretary.; Dil Vowles 07879 425643 dil.vowles@talk21.com	



Burton Joyce Football Club info@burtonjoycefc.co.uk 07476 744065

ORGANISATIONS & CLUBS (continued)

 Burton Joyce Village Society Find out more about us at burtonjoycevillagesociety.org	Chair: Brian O'Neill; Vice Chair: Steve Wright Secretary: Richard Fife. 0115 931 2213, Treasurer: Martin Roe, Membership & Communications Secretary: Hazel Doyle
 The Village Climate Action and Bio Diversity Group	We are an affiliated Friends of the Earth Action Group. If this sounds of interest to you and you'd like to join us, please get in touch! Contact Julia_smith24@yahoo.co.uk
 Trent Valley Singers A friendly, fun, mixed voice choir who sing a wide variety of music.	Rehearsals are on Thursdays in Burton Joyce Village Hall at 1.45pm. For more information contact Tina on 07742 670732 or Heather on 0115 8440872
The Burton Joyce & Bulcote Local History Society Evening meetings in the Village Library Meadow Lane	Secretary: Teresa 07855 032416 email: secretary@bjblhs.uk Meetings Secretary: Christine Shepherd 0115 9618840
 Burton Joyce Players We perform two plays and a panto each year.	We always welcome new members for both stage and backstage work. Contact Tracey on: 07866 417257 or email info.bjplayers@gmail.com
Burton Joyce Macular Society Support Group meets on the 3rd Thursday of January, March, May, July, September, November 10.30 until 12.00 St Helen's Church Centre, Burton Joyce	The meetings are open to anyone affected by central vision loss. family, friends and carers are also welcome. Please contact Paul 07769 494 087 for details
 1st Burton Joyce Scout Group For Beavers, Cubs & Scouts	Contact Rachel on 07930 271455 1stburtonjoyce@centralnotts.org.uk
Burton Joyce Village Lunch	Come and join us at Midday every 3rd Thursday for Soup, Dessert and Tea or Coffee in the Village Hall. Just £5 per person.
Vedic chanting An ancient Indian meditative and uplifting voice practice. A friendly group – open to anyone.	Saturday mornings / Thursday evenings in Old School Building. Try a free taster. Contact Liz: elizknott52@gmail.com or 07929 963907 to find out more.
 Burton Joyce Tennis Club	Cragmoor Road burtonjoycetennis@gmail.com For coaching enquiries contact Charlie Wood 07971 235020
 DINA BALISTRI Social Prescribing Link Worker 07826 898588	Primary Integrated Community Services Ltd H2 Ash Tree Court, Nott'm Business Park dina.balistri1@nhs.net Website: picsnhs.org.uk

ORGANISATIONS & CLUBS (continued)

BJ Archers	Chris Joyce	07779 517679
Baby & Toddler	Rev Anna Alls	07535 017591
Bridge Club	Val & Steve Wright	9313592
BJ Community Market	Karen Taylor	07769 708506
NOVA	Paul Mittam	07973 872213
Phoenix Art Society	Rachel Huskinson	07930 271455
Probus	Ian Wood	9119124
Recreation Ground	Laura Smith	07803 054124
Rotary	Ian Wood	9119124
Saturday Singers	Dick Huskinson	9312157
Stoke Bardolph Visitor Moorings Maint Gp	Robert Aspey	07812 300694

Useful NAMES and CONTACT DETAILS

Benefice Administrator	Tracey Akehurst	0780 516 2088
BJ Library (Cl.Tuesday)	Meadow Lane	0115 9313360
BJ Parish Council (Clerk)	Jessica Sherrin	0115 9314084
BJ Primary School	Padleys Lane	0115 9312373
Carnarvon House	8 Willow Wong	0115 8440032
Carlton Le Willows Academy	Burton Road, Gedling	0115 9565008
Cllr. Michael Adams	cllr.michael.adams@gedling.gov.uk	0115 7147148
Cllr. Sam Smith	cllr.sam.smith@gedling.gov.uk	07939 816704
Michael Payne MP	michael.payne.mp@parliament.uk	
Core Centre	Collyer Road, Calverton	0115 8470551
Community Hub		07305 109358
Delights + Post Office	Nicky & Julie 53 Main Street	0115 9313487
Ivy Medical Group	4 Wheatsheaf Court	0115 9312500
Main Hall, Old School Bldg	Jayne Savage	0115 9314084
Church Centre	Tracey Akehurst	0115 9652114
Pathfinder Bus Info		0115 9506070
Pear Tree Dental Centre	22 Nottingham Road	0115 9312935
Police	Call 101 for non emergency call Call 999 for emergency	
Poplars Sports ground	David List	07957 7869096 or 9314084
Red Cross Medical Loans	Phoenix Park	0115 8528029
Rev. Anna Alls	reverend.anna.alls@gmail.com	07535 017591
Rivendell View Care Home	Magenta Way, Stoke Bardolph	0115 666 9660
Severn Trent helpline		03457 500500
Stoke Bardolph Village Hall	Kathy Dixon	0115 9870168 07895 787838
Tennis Club	Heather Ankers	0115 9537137
Train Information		0845 7484950
Village Hall Hire	bookings@bjvillagehall.org.uk	07706 005739
Westwolds Care Home	4 Park Avenue	0115 9313659

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